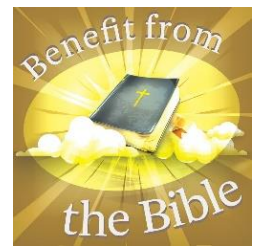




Bethlehem Lutheran Church

Truth — Forgiveness — Assurance — Peace — Guidance

Everyone Is Invited to Benefit!



How Grief Share works:

It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member, or friend, you've probably found there are not many people who understand the deep hurt you feel. This can be a confusing time when you feel isolated and have many questions about things you've never faced before.

Grief Share groups meet weekly to help you face these challenges and move toward rebuilding your life.

Each Grief Share session has three distinct elements:

1. Video seminar with experts
2. Support group discussion with focus
3. Personal study and reflection



Read our Grief Share brochure: [click here](#)

Promotional Videos:

- Short Version (1 minute): <https://vimeo.com/829837431>
- Long Version (3 minutes): <https://vimeo.com/829853116>
- Healing (4 minutes): <https://vimeo.com/178526348>
- Dave & Sue's Story (4 minutes): <https://vimeo.com/99653385>
- Amy's Story (3 minutes): <https://vimeo.com/99662269>

Who should come:

Grief Share is for people grieving the death of a family member or friend.

When to join a Grief Share group:

You are welcome to begin attending the Grief Share group at any session – *if there are still openings available*. Each session is “self-contained,” so you do not have to attend in sequence. You will find encouragement and help whenever you begin. You will be able to continue with Grief Share through the next 13-week program and view any of the videos you have not seen.

Bethlehem's Grief Share group:

- **Next Program:** Begins **Tuesday, September 3, 2024, at 6:30** at Bethlehem, Parma
- **Learn More or Register:**
 - Go to the Grief Share website: <https://www.griefshare.org/>
 - Call Norma, our Grief Share Director, at 216-406-4871