

7. Who is Christ? The Son of God, true God and true Man.
8. How many God's are there? Only one, but there are three persons: Father, Son, and Holy Spirit.
9. What has Christ done for you that you trust in Him? He died for me and shed His blood for me on the cross for the forgiveness of sins.
10. Did the Father also die for you? He did not. The Father is God only, as is the Holy Spirit; but the Son is both true God and true man. He died for me and shed His blood for me.
11. How do you know this? From the holy Gospel, from the words instituting the Sacrament, and by His body and blood given me as a pledge in the sacrament.
12. What are the words of institution?  
Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My body, which is given for you. This do in remembrance of Me."  
In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the New Testament in My blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."
13. Do you believe, then, that the true body and blood of Christ are in the sacrament? Yes, I believe it.
14. What convinces you to believe this? The word of Christ: Take, eat, this is My body; drink of it, all of you, this is My blood.

15. What should we do when we eat His body and drink His blood, and in this way receive His pledge? We should remember and proclaim His death and the shedding of His blood, as He taught us: This do, as often as you drink it, in remembrance of Me.
16. Why should we remember and proclaim His death? First, so we may learn to believe that no creature could make satisfaction for our sins. Only Christ, true God and true Man, could do that. Second, so we may learn to be horrified by our sins, and to regard them as very serious. Third, so we may find joy and comfort in Christ alone, and through faith in Him be saved.
17. What motivated Christ to die and make full payment for your sins? His great love for His Father, for me, and for other sinners.
18. Finally, why do you wish to go to the Sacrament? That I may learn to believe that Christ, out of great love, died for my sin, and also learn from Him to love God and my neighbor.
19. What should admonish and encourage a Christian to receive the Sacrament frequently? First, both the command and the promise of Christ the Lord. Second, his own pressing need, because of which the command, encouragement, and promise are given.
20. But what should you do if you are not aware of this need and have no hunger and thirst for the Sacrament? To such a person no better advice can be given than this: First, he should touch his body to see if he still has flesh and blood. Second, he should look around to see whether he is still in the world, and

remember that there will be no lack of sin and trouble. Third, he will certainly have the devil also around him, who with his lying and murdering day and night will let him have no peace, within or without.

### Learn More About The LCMS and Bethlehem Parma

- Request and read: "A Simple Explanation of Christianity"
- Request and read: "Luther's Small Catechism with Explanation"
- Talk / Meet with the pastor.
- Ask about our Bible Basics Course.

### Conclusion

At Bethlehem: We offer the Lord's Supper every Saturday and Sunday and at all festival services.

May the Holy Trinity enable us to ♦be serious, ♦understand, and ♦eternally benefit!

*Pastor Green* – [RevRLGreen@aol.com](mailto:RevRLGreen@aol.com)

PS: See 3-part sermon series "[The Lord's Supper](#)"

### Connect With Us

**Website:** [www.BLC7500.com](http://www.BLC7500.com)

**YouTube and Podcast:** Benefit from the Bible

**Facebook:** Bethlehem Parma

**Schedule:** Saturday 4; Sunday 9; 440-845-2230

**Location:** 7500 State Road, Parma, OH 44134

(Last Update: 6-25)

# The Lord's Supper

## 4 Questions

and

## 20 Questions

## From Luther's Small Catechism

### Introduction

**Dear Friend:** Regarding the Lord's Supper, please read my other brochure first, which is called: [The Lord's Supper](#)

This brochure focuses on two important works by the Rev. Dr. Martin Luther:

- **His 4 Sacrament of the Altar Questions** – which will help you to better understand the sacrament.
- **His Christian Questions With Their Answers** – which will help you prepare to receive the sacrament.

### Martin Luther

The Rev. Dr. Martin Luther was born into a Roman Catholic family in 1483. He eventually went on to serve as an Augustinian Monk, a Roman Catholic Priest,

and a University Professor. As Martin Luther studied the Bible in preparation for teaching, God used this passage to open his eyes to see that people are NOT saved by *what they do*, NOR by a combination of *what they do* and *what Jesus has done*, BUT by faith alone in Jesus: <sup>NAS</sup> **Romans 1:16-17** “...I am not ashamed of **the gospel**, for it is **the power of God for salvation to everyone who believes**, to the Jew first and also to the Greek. For in it **the righteousness of God is revealed from faith to faith**; as it is written, “...the righteous *man* shall live by faith.”

- **Bad News:** God requires all people to be righteous, that is, *perfectly right, sinless, holy* in His sight. However, we have all done wrong and have no ability to wash ourselves clean ☹.
- **Good News:** God gave His Son for our eternal benefit: He ♦put on flesh, ♦lived a sinless life, ♦received our sins and our eternal punishment, and ♦laid down His life. To prove His victory over sin and death, *God raised Him from the dead!* Now, God is calling all people to ♦repent (*be sorry for their sins*), ♦trust in Jesus for the forgiveness of their sins, and ♦align their lives with God’s word – *to thank Him and honor Him* 😊!

Martin Luther never intended to begin a new church body (*Lutheran*); instead, he wanted to reform his own beloved Catholic Church so that its teachings would be in line with the Bible. However, after being rejected by his church, he went on to teach and write – *always using the Bible as His source of truth.*



## Martin Luther’s 4 Sacrament of the Altar Questions

What follows are his 4 Sacrament of the Altar questions and answers. May God bless your understanding of what he wrote.

**Question 1: What is the Sacrament of the Altar?** It is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ Himself for us Christians to eat and to drink. // To learn and understand more, see this brochure, which is also referenced on page 1:

# The Lord’s Supper



- 1: Passover Connection
- 2: Sacraments Are Mysteries
- 3: Various Names
- 4: Reasons to Receive
- 5: Words of Institution
- 6: What Is Being Received
- 7: Benefits of Reception
- 8: Preparation to Receive
- 9: How to Receive

**Question 2: What is the benefit of this eating and drinking?** These words, “Given and shed for you for the forgiveness of sins,” show us that in the Sacrament forgiveness of sins, life, and salvation are given us through these words. For where there is forgiveness of sins, there is also life and salvation.

- Jesus is the only Savior; He gave His body and shed His blood for the forgiveness of our sins.
- Through God’s gift of faith, we not only believe what Jesus said and did, we also receive the awesome benefits of His work!

**Question 3: How can bodily eating and drinking do such great things?** Certainly not just eating and drinking do these things, but the words written here: “Given and shed for you for the forgiveness of sins.” These words, along with the bodily eating and drinking, are the main thing in the Sacrament. Whoever believes these words has exactly what they say: “forgiveness of sins.”

- It’s not the *formal procedure* of receiving the Supper which imparts the benefits (*not just the eating and the drinking*) but doing so with faith in Jesus and His finished work.
- We approach the Altar with sadness for our sins but depart with joy – *having been assured that our sins are forgiven through Jesus’ finished work!*

**Question 4: Who receives this sacrament worthily?** Fasting and bodily preparation are certainly fine outward training. But that person is truly worthy and well prepared who has faith in these words: “Given and shed for you for the forgiveness of sins.” But anyone who does not believe these words or doubts them is unworthy and unprepared, for the words “for you” require all hearts to believe.

- It is fine to fast, though fasting is not required, but it is essential to be sorry for our sins have faith in Jesus for the forgiveness of our sins!
- Faith is God’s gift to unite us to Jesus and His work for our salvation. Faith is also personal – we each confess: ***I am saved by grace through faith in Jesus!***

## Martin Luther’s 20 Christian Questions with their Answers

A good way for us to examine ourselves before receiving the Lord’s Supper:

1. Do you believe that you are a sinner? Yes, I believe it. I am a sinner.
2. How do you know this? From the Ten Commandments, which I have not kept.
3. Are you sorry for your sins? Yes, I am sorry that I have sinned against God.
4. What have you deserved from God because of your sins? His wrath and displeasure, temporal death, and eternal damnation.
5. Do you hope to be saved? Yes, that is my hope.
6. In whom then do you trust? In my dear Lord Jesus Christ.