

Introduction: Dear friends in Christ: If you ever get into a desperate situation, I have some important advice for you from Psalm 130.

This sermon includes:

- Some basic psalm information.
- An actual desperate situation.
- Four action-steps from Psalm 130.
- The end of the story.

1. Some Basic Psalm Information:

- a. <u>Psalms 120-134</u>: They are called **Songs of Ascent**, since they were sung by Jews as they traveled <u>up</u> (in elevation) to Jerusalem for the great festivals.
- b. Psalm 130: It is one of seven penitential psalms (6; 32; 38; 51; 102; 130; 143). It's critical for all of us to be penitent: *sorry for our sins and *trusting in Jesus for forgiveness.

c. <u>Martin Luther</u>: He identified **Psalm 130** as **one** of the **top four Psalms**, along with 32, 51, and 143.

2. An Actual Desperate Situation:1

- a. In <u>January of 2023</u> a young couple was dropped off on North West Island, *about 35 miles off the Australian mainland*, for a camping trip.
- b. Then, going for a simple paddleboard trip, they were swept away from the island by the tide.
- c. They eventually lost their paddleboards and were *treading water, *becoming dehydrated,
 *at risk of hypothermia, and *in a brutal storm.

3. Four Action-Steps from Psalm 130:

- a. Pray Earnestly: ¹ Out of the depths [from below the water] I have cried to You, O LORD. ² Lord, hear my voice! Let Your ears be attentive To the voice of my supplications. // What does that mean? *Trusting in the LORD and *confident that He will hear us, let us earnestly ask Him to help us according to our needs!
- b. Thank For Forgiveness: 3 If You, LORD, should mark iniquities, O Lord, who could stand? 4 But there is forgiveness with You, That You may be feared.
 - Mark Iniquities: That means to write down the things we do wrong. Imagine sinning ONLY 3 times each day, which is VERY LITTLE. Nevertheless, that would add up to

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¹ https://www.newsweek.com/couple-rescued-lost-sea-treading-water-1773014

- over **1,000 sins per year**! *Now, multiply* your age by 1,000. <u>THEN THINK</u>: We all have a multitude of sins!
- ii. Forgiveness: The LORD is NOT looking to destroy us, BUT to save us: "For God so loved the world, that He gave His only begotten Son..." (John 3:16). Therefore, let us fear Him! In other words: →love Him, →respect Him, →honor Him!
- c. Wait With Hope: ⁵ I wait for the LORD, my soul does wait, And in His word do I hope. ⁶ My soul waits for the Lord More than the watchmen for the morning; Indeed, more than the watchmen for the morning.
 - i. <u>Hope</u>: In the Bible, to <u>hope</u> is to be <u>certain</u> because →the LORD is almighty in power, and →His promises will all come true!
 - ii. <u>Wait</u>: Waiting is **not easy**, but waiting is easier when we know *the situation is in the LORD's hands and *the fulfillment of His promises are according to His timing.
 - iii. More Than Night Watchmen: Imagine being a night watchman on the wall of your city: ◆forcing yourself to stay awake, ◆watching for any sign of an enemy, and ◆longing for the new day to dawn. Let us long MUCH MORE for the fulfillment of all of God's promises!
- d. <u>Trust</u> *In the LORD*: ⁷ O Israel, hope in the LORD; For with the LORD there is lovingkindness, And with Him is abundant

redemption. ⁸ And He will redeem Israel From all his iniquities. // Psalm 130 called the OT people to keep trusting in the LORD, certain that the Lamb of God would ▶ finally come and ▶ take away the sin of the world!

4. The end of the true story:

- a. The couple went into the water on Saturday,
 1/7. By Tuesday, 1/10, they were *still in the water, *treading water, *becoming dehydrated,
 *at risk of hypothermia, and *in a brutal storm.
 We can imagine their earnest cries to the LORD!
- b. But then, by the grace of God, a fisherman
 <u>heard</u> their shouts for help, <u>pulled</u> them into his boat, and <u>pot them</u> to a hospital!

Conclusion: Whenever our situation is desperate, let us remember to pray, thank, wait, and trust!

- OT: They <u>prayed</u>, <u>thanked</u>, <u>waited</u>, and <u>trusted</u> for the Messiah to come and redeem all people!
- NT: Let us <u>pray</u>, <u>thank</u>, <u>wait</u>, and <u>trust</u> for the Christ to ▶return, ▶bring this world to an end, and ▶give us the FULNESS of eternal life!

Let Us Pray: Dear LORD, our most desperate situation was sin; <u>TYSM for Your awesome rescue through Jesus!</u>

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