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Philippians 4:6-13 NAS

Peace and Thanksgiving In Every Circumstance!

Wednesday, November 26 at 7 PM

Thanksgiving Eve – 2014

Wednesdays in Advent: Services 11 & 7 Meals 12 & 6

Introduction: Dear friends in Christ: It is common to associate <u>peace</u>—with the absence of war and <u>thanksgiving</u> with special blessings. Such views of peace and thanksgiving are not wrong, but God is calling us tonight to a •much higher view of peace and •a much more beneficial way of thanksgiving!

We now turn our attention to Philippians chapter 4, beginning in verse 6. As we proceed, keep in mind that Paul wrote this letter *while in prison* to thank the believers in Philippi for their gift of support. So even while Paul was *in chains*, he saw God's hand of blessing and gave thanks!

- 1. Anxiety Gone, Peace Received: ⁶ Be anxious [distracted] for nothing [or no one be anxious], but in everything by prayer and <u>supplication</u> [the action of asking or begging for something earnestly] with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus. //
 - a. <u>When we are anxious or distracted, what parts</u> <u>of us are affected</u>? Our hearts and minds. Are anxieties pleasant? *By no means*; they can result in *stress* and *sleeplessness*, even in *suicide*.

- b. <u>Therefore, God has given us the remedy</u>: He invites us to get rid of our anxieties by taking them all to Him through *praying* and *even begging*, but also *with thanksgiving*.
- c. As we dig into the source of our stress in order to bring it to God – that can pull us down, so God tells us to do so with thanksgiving – by which he will lift us up! For example: I can get stressed when I think about our members who do not attend, but God lifts me up as I give thanks for those who faithfully gather and gladly receive His blessings! So, each day, let us pass our anxieties to God ◆in prayer and ◆with thanksgiving; then let us gladly receive His peace!
- 2. Thoughts > Practice > Peace: ⁸ Finally, brethren, whatever is true, whatever is honorable [dignified], whatever is right, whatever is pure [holy], whatever is lovely [pleasing], whatever is of good repute [commendable], if there is any excellence [virtue (benefit)] and if anything worthy of praise, let your mind dwell on these things. ⁹ The things you have learned and received and heard and seen in me, practice [do, perform] these things; and the God of peace shall be with you. // God with us is far better than us without God; therefore, Paul told us the formula for blessing:
 - a. Let your mind dwell on the right things: That is quite a challenge in today's world when so many wrong things are trying to fill our minds; therefore, it is essential for us to be self-disciplined to be ◆closed to worldly things and ◆open to God-pleasing things.

- <u>Do the right things</u>: It's one thing to know, but *it is super-essential to act on what we know!* It says in Romans 2:13: "...not the hearers of the Law are just before God, but the doers of the Law will be justified." (NAS)
- c. <u>The God of peace will be with us</u>: The *True God* is the source of *true peace*; He not only wants to trade with us – *our anxieties for His peace*, but He also promises to *be with those who trust in Him as their God and Savior*. Jesus said: "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him." (John 14:23 ESV)
- 3. Content In Christ: ¹⁰ But I rejoiced in the Lord greatly, that now at last you have revived your concern for me; indeed, you were concerned *before*, but you lacked opportunity. ¹¹ Not that I speak from want; for I have learned to be <u>content</u> [satisfied] in whatever circumstances I am. ¹² I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. ¹³ I can do all things through Him who strengthens me. //
 - a. <u>Concern and action</u>: At one point the Philippians were concerned about Paul, *but had no opportunity to help him*. We may feel the same sometimes. However, when the opportunity comes, *it is important to seize it!*
 - b. <u>Contentment in every circumstance</u>: How is that possible, considering that some circumstances

are wonderful and some *are horrible*? It is possible when we **stop** tying our contentment to our circumstances! Let's think about two words: peace and contentment; even though we tend to tie them to our circumstances, *God wants us to see how they are actually tied to our relationship with Him*.

- i. <u>Peace</u>: True peace is not the absence of war, but forgiveness through Jesus; therefore, even on a battlefield, we can enjoy God's blessing of peace!
- ii. <u>Contentment</u>: True contentment is being aware that •God is our true Father and
 we are His true children! As a good earthly father provides for his children, how much more will our heavenly Father provide for us? So if I have a little, that is God's will and I should be content. Or, if I have a lot, that is also God's will and I should be content! But how are such things possible? "I can do all things through Him [Christ] who strengthens me."

Conclusion: Therefore, on this eve of our national day of Thanksgiving, let us \rightarrow keep trading with God – *anxieties for peace*, \rightarrow honor Him with our lives – *knowing He is with us*, and \rightarrow be content in Christ – *knowing that whatever we have is what our heavenly Father knows that we need!*

And all God's people said: Amen!

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